



THE EAST LONDON LIFESTYLE FESTIVAL

PRESS RELEASE

Contact: David Finney on [07521 991645](tel:07521991645)

Email: davidfinney@theenergyofconversation.co.uk

A NEW INTERACTIVE VARIETY SHOW is coming to Newham this autumn. The East London Lifestyle Festival will take place on Saturday 15th October in Canning Town. Sponsored by The Energy of Conversation in association with Kourou Coaching, the festival is a celebration of cultural diversity in The London Community. David Finney – who is leading the festival team said: “It is really fitting that the festival should be premiered in the heart of Newham which has the most diverse population in the country and which boasts such a rich array of culture and talent. We are very proud and thrilled to launch the festival here”.

The event will feature a broad range of workshops such as Laughter Yoga, African Harmony singing, Building an Imaginary City, Dancing Bollywood Style and also includes a super English and Caribbean lunch with a little ‘Magic’ thrown in for good measure. The festival is unique in that the audience will have the opportunity to take part in all the workshops from the comfort of their own seat. The event will take place at the Community Links Main Hall Canning Town. For information on tickets and opening times, visit www.LondonLifestyleFestivals.co.uk.

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